



We Can Help! Maternal Mental Health

Therapy services are available for pregnant mothers and mothers with children under the age of 12 months in Hamilton and Clermont counties.

Do you have...

- increased crying and tearfulness?
- mood swings: highs and lows?
- difficulty concentrating?
- difficulty falling or staying asleep?
- loss of appetite or energy?
- feeling worthless, hopeless or overly guilty?



WHAT CAN YOU EXPECT IN TREATMENT?

A diagnostic assessment is completed and treatment goals are developed with your input. Learn about current stressors, self-care strategies, communication skills, attachment and positive parenting



Call Now
513.752.1555